



## 1 Corinthians 8 Discussion Questions

- Paul warns that “knowledge puffs up, but love builds up.” How have you seen this tension between being “right” and being “loving” play out in Christian relationships?
  - When are you most tempted to prioritize being right over being loving?
- Wesley noted that it’s possible to be theologically correct but still be unhelpful. What’s the difference between spiritual maturity and spiritual knowledge?
  - How do we grow in love alongside knowledge?
  - Why do you think knowledge without love can be so damaging in a church community?
- How does being known by God free you from needing to prove yourself with knowledge, performance, or approval?
  - Where in your life are you struggling to rest in that truth?
- Paul describes two types of Christians; those with strong knowledge and those with a tender conscience.
  - Why does Paul place the greater responsibility on the “strong”?
  - What does it look like to lovingly defer in a gray area?
- Where in your life might you be tempted to maximize your freedom rather than consider its impact on others?

- How might love reshape the way you approach those choices?
- Paul says that sinning against your brother or sister is sinning against Christ (v.12). Why do you think Paul makes such a strong connection between our treatment of others and our relationship with Jesus?
  - What would change if we truly saw others as “those for whom Christ died”?
- Wesley described the weak as those whose “conscience hasn’t caught up with their freedom.” Have you ever experienced that tension in your own walk with Jesus?
  - How can we help others grow in freedom without pushing them too quickly?
- Wesley said that a “stumbling block” is not just a disagreement—it’s something that pushes someone into sin.
  - Why is it important to distinguish between personal annoyance and actual spiritual harm?
- Paul says, “If food makes my brother stumble, I’ll never eat meat again.” (v.13) What’s a “right” or freedom you hold that might be worth surrendering out of love?
  - How do we discern when to lay down our liberty versus when to help someone grow?