

Psalm 90 Discussion Questions

- This psalm begins by calling God our "dwelling place." What does it mean for God to be our dwelling place rather than a physical place or life setting?
- Wesley mentioned a tech entrepreneur who is trying to cheat death with technology. Why do you think people work so hard to avoid reckoning with death?
- What are some subtle ways we try to live as though life on earth will last forever?
- This passage connects death with God's righteous judgment on sin. Why is sin so central to understanding death?
 - How does our culture tend to minimize sin? How does Psalm 90 challenge those assumptions?
 - Wesley said that death isn't just biological, it is "judicial." Why is death the penalty for sin?
- Moses says, "We are brought to an end by your anger." How does understanding God's holiness deepen our appreciation for the gospel?
- Moses says that God has set our secret sins before Him. How does this challenge those who think they have gotten away with doing evil?
 - How does it challenge you?
 - What would you do if you knew every secret thought and intention of your heart was revealed to others?

- Wesley said, “If you wonder how seriously God takes sin, look to the cross.” How does the cross reveal the severity of our sin? How does it reveal hope?
- Wesley said, “No one fears God too much. The real danger is that we fear Him too little.” What does it mean to rightly fear God?
- Verse 12 says, “Teach us to number our days, that we may get a heart of wisdom.” Why is remembering our mortality the beginning of wisdom?
- If you believed this was your last year on earth, what priorities would you change?
 - What obstacles keep you from making those changes now?
- What are some good gifts that can become distractions from living wisely for eternity?
- Why do you think Moses asks for satisfaction in God before asking for changed circumstances?
- How has God’s steadfast love sustained you through hardship and trials?
 - What makes His steadfast love “better than life” (Ps. 63:3)?
- What is one way you can dwell on God’s steadfast love for you this week?